

PE and Sport's Premium 2018-2019

Total PE & Sports Premium Amount for St Mary Abbots School

Total = £17,790

Sports Grant

The Government is providing funding of £450 million on improving physical education (PE) and sport in primary schools over the following 3 academic years – 2013 to 2014, 2014 to 2015 and 2015-2016. It has been extended to 2016-2017. In 2016-2017, St Mary Abbot's School received £8,000 plus £5 per pupil. The total was £9,045 based on a roll of 209 pupils. In 2017-2018, the school received £16,000 plus £10 per pupil based on 207 pupils, a total of £18,070. **In 2018-2019, the school received £16,000 plus £10 per pupil, a total of £17,790.**

We are using our Sport Premium to improve the quality of PE and Sport provision in the following ways over the next year whilst still sustaining what we already do:

- Supporting regular sport tournaments, festivals and competitions for pupils of all ages – see below
- Purchasing outdoor equipment for our early years and infants classes to develop their coordination, balance and gross motor skills during their outdoor play.
- Scooter storage in KS1 to encourage pupils to travel to school and keep healthy (completed).
- Hiring professional sports coaches to teach the children different sports during curriculum time over the year – Football, Tennis. Kwik Cricket and Dance.
- Purchasing more sports equipment for use during playtimes & Games sessions as and when required.
- Team Kits purchased for pupils to wear during school competitions –swimming, KWIK Cricket & Athletics.
- Promoting competitive sport outside school enabling pupils to participate in competitions with other Tri Borough schools at Westway Centre. Opportunities for all pupils including those who are 'gifted.'
- Work towards achieving the Bronze Kite Mark PE Award from the Youth Sport Trust
- **Consider alternative space saver cycle storage to replace the current cycle storage which will store additional cycles in less space and continue to encourage more pupils to cycle to school. (Link with School Travel Plan).**
- **Introduce the 'Daily Mile' in all classes and monitor impact. Began in January 2019.**

PE & Sport Grant 2018-2019 Proposed and Actual expenditure

<i>Type of Sport</i>	<i>Cost p.a.</i>	<i>Year Groups</i>	<i>Impact on child & Develop Healthy Lifestyle</i>
<p align="center">SUSTAINING</p> <p>Swimming coaching (Qualified Coach)</p>	<p>Cost of coach £5,000 p.a.</p> <p>Cost of Swimming Instructor £3,000 p.a.</p>	<p align="center">Y3 only ONE YEAR GROUP</p> <p>+SEN (Downs Syndrome) pupil with additional support</p>	<p>Physical development improved</p> <p>Learning to swim is a life skill</p> <p>Pupils feel much safer & confident in the water</p> <p>Pupils see swimming as vital exercise and understand the benefits of swimming</p> <p>Pupils are more confident & self-esteem in the water has increased</p>
<p align="center">SUSTAINING</p> <p>QPR Football Coaching (Qualified Coach)</p>	<p>Cost of coaching Instructor £1,900 p.a.</p>	<p align="center">Years 1-6 Rolling programme</p>	<p>Physical development of all pupils has improved</p> <p>Ball Skills have improved together with hand eye coordination</p> <p>Pupils play more Competitive sport and are much better Team Players</p> <p>Pupils show good cooperation with peers</p> <p>Pupils value and see the Importance of exercise for better health</p> <p>Confidence & self-esteem with team games has increased</p>
<p align="center">SUSTAINING</p> <p>Tennis Coaching (Qualified Coach)</p>	<p>Cost of coaching Instructor £1,500</p>	<p align="center">Years R-5</p>	<p>Physical development of pupils has improved greatly</p> <p>Ball Skills has improved together with hand eye coordination</p> <p>Pupils are involved in more Competitive sport outside of school competing with local schools in league games</p> <p>Pupils are good Team Players and cooperation with peers has improved greatly</p> <p>Pupils see the Importance of exercise and living a healthy life style as important to their health & well-being</p> <p>Confidence & self-esteem of all pupils has</p>

			increased
<p>Teachers to teach Dance as part of the PE curriculum</p>	<p>30 sessions p.a. £1,000</p>	<p>Autumn Term 1 – Years 5 & 6 Autumn Term 2 - Year 3 & Year 6 Spring Term 1 – Reception, Year 1 & Year 4 Spring Term 2 - Reception, Year 1 & Year 5 Summer Term 1 - Reception, Year 2 & Year 4 Summer Term 2 – Reception Year 2 & Year 3</p>	<p>Pupils develop their creative expression. They have opportunities to compose, perform and appreciate dance from different social and cultural contexts, Pupils build emotional resilience and this is seen around school in the way they approach different activities and tasks There has been a widening cultural awareness & understanding of dance as an art form Pupils have developed confidence & self-esteem and perform in regularly in assemblies Communication & negotiation skills have improved greatly as a result of the Dance sessions Problem solving have increased and pupils are eager to try new tasks Pupils have developed their leadership skills and ability to lead a team and work together</p>
<p>ONGOING Opportunities for Competitive sports & competitions (provided by External Sports Coaches from School Sports Partnerships) (over the academic year)</p>	<p>£150 per event Earmarked = £3,600</p>	<p>Invest in RBK&C's All inclusive Competition Package with EPIC CiC (formerly known as RBK&C Youth and School Sports Development Team) All classes per annum As appropriate</p>	<p>As a result of this, more pupils are now participating in and enjoying inter-school sport competitions. Pupils involved in competitions have an increased understanding of winning/losing and the role of fair play and sportsmanship. They are much better team players and look out for each other. Funding has strengthened our partnerships with the local community & increased pupils' opportunities to take part in a wide range of local competition.</p>

<p style="text-align: center;">ONGOING</p> <p>Ensure a range of sporting activities are offered as After School Clubs to all pupils from Monday to Friday each week for 10 weeks each term.</p>	<p>Most clubs offered at £4- £6 per hour session for all pupils</p> <p>Funding from Pupil Premium ensures pupils are able to access clubs free of charge (£500 Allocated for Pupil Premium Pupils only)</p>		<p>Further development of an inclusive range of sporting clubs offered to all pupils each term and made available to pupils over the academic year –</p> <p>Karate, Football, Dodge Ball, Yoga, Irish Dancing, Bollywood Dancing.</p> <p>Staff ensure a fair distribution of clubs is available to target pupils such as Pupil Premium, SEN, those lacking in confidence and self-esteem etc.</p> <p>Review Feedback from club attendance. Last year feedback from parents was very positive.</p>
<p style="text-align: center;">Health & Fitness Week Annually in June £1,570</p>	<p>All pupils are encouraged to participate. This is an inclusive week and all pupils achieve success according to their stage of development.</p> <p>Cost of hiring Holland Park, cost of resources for the activities and providing additional activities throughout the Health & Fitness week.</p>		<p>Pupils have an opportunity to work together in team and support each other. The Annual Health & Fitness Week begins with the pupils in vertical teams with pupils from each year group. They earn points and a carousel of activities are organised by the PE coordinator. Then the children are competing against pupils in their own cohorts and gaining points for the House Team. Teamwork, leadership qualities, cooperation, turn taking are all valuable skills that are developed during this week.</p>
<p>Introduce the 'Daily Mile' in all classes to ensure all pupils get regular exercise and monitor impact on learning. (No cost incurred)</p>	<p>All pupils encourage to participate in the daily mile each day, five days a week.</p> <p>Class teachers to decide timing of day.</p>		<p>All pupils are engaged in this activity as a class. Monitor positive impact on learning over the year. Positive feedback from parents and all staff. (Brisk walking and jogging).</p>
<p style="text-align: center;">TOTAL EXPECTED EXPENDITURE</p>	<p style="text-align: center;">£16,500</p>		

Expected involvement in Inter School Competitions against local schools in a wide range of School Games Level 2 Sports such as Festivals and Leagues over 2018- 2019.

Autumn 2018

October – Eleven Year 6 children competed in the RBK&C Mini Marathon trials in Holland Park

October –December – Year 6 boys Football Team to take part in the Westway League

November – 30 Year 6 pupils to compete in the Primary School Games Festival at Westway

Spring 2019

January to March 8 Year 5 boys to take part in a Football league at the Westway

February – Year 5 & 6 pupils to enter a Sports hall Athletics Competition at Chelsea Academy

February – A Year 3 mixed Football team to enter QPR in the community competition at the Westway

February – Years 5 & 6 Girls Team to enter Football Festival at the Westway

February to March – Year 4 Tennis Team to enter competition at Westway

Summer 2019

May to July – Year 4 boys Football Team to take part in the league matches (8 pupils)

May to July – Year 5 & 6 Girls Football Team to take part in the league matches

May – Entered School Team in RBK&C Athletics Competition at Battersea Park

June – Year 1 & Year 2 pupils (60 pupils) to enter KS1 Multi Skills Festival at Holland Park

June – Year 6 to enter 2 teams of 8 (16 pupils) in RBK&C Kwik Cricket Competition at Battersea Park July -

KS2 team to enter the annual Swimming Gala at Chelsea Sports Centre

Achievements in 2016 and 2017

In 2016 -

- U11 Quad athletics RBKC champions, represented RBKC at the London Youth games in Quad athletics,
- nominated for an award at the Youth and School Sports Development annual awards ceremony,
- U11 Indoor athletic RBKC champions, represented RBKC at the West London Indoor Athletics competition, 2nd place in the borough at U11 girl's Kwik Cricket competition.

In 2017 -

- U11 Quad athletics RBKC champions,
- Represented RBKC at the London Youth games in Quad athletics,
- 3rd place in the borough for the indoor athletics championships,
- winners of the girls Kwik cricket RBKC championships, represented the borough at the London youth games for girls Kwik cricket,
- 2nd place - boys Kwik cricket borough championships,
- playoff winners of the boys football (north RBKC championships) Finished 4 in the borough finals,
- 2nd place in the mixed hockey finals,
- 2nd place in the handball finals.

Inter school Sports Partnership Events -

- School team came 1st in the Athletics competition,
- School Team achieved 1st place in the Kwik Cricket competition,
- 3rd place in the Inter-schools annual Swimming Gala.

In 2018 -

St Mary Abbots Annual Coaching Timetable 2018-2019

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Dance	Dance	Dance	Dance	Dance	Dance Tennis
1			Football Dance	Football Dance	Tennis	
2	Tennis		Football	Football	Dance	Dance
3	Swimming	Swimming Dance	Swimming Tennis	Swimming	Swimming Football Athletics (School Team)	Swimming Football Dance Swimming Gala (School Team)
4		Tennis	Dance		Football Dance Athletics (School Team)	Football Swimming Gala (School Team)
5	Football Dance	Football		Tennis Dance	Athletics (School Team)	Swimming Gala (School Team)
6	Football Dance	Football Dance			Cricket Athletics (School Team)	Cricket Swimming Gala (School Team) Kwik Cricket Competition Y6 only

PE CURRICULUM MAP 2017/2018

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Dance (am) Gymnastics Catching/throwing skills	Dance (am) Gymnastics Catching/throwing skills	Dance (am) Gymnastics Ball skills/ball games	Dance (am) Gymnastics Ball skills/ball games	Dance (am) Gymnastics	Dance (am) Gymnastics Tennis Range of equipment
1	Ball Skills Gymnastics	Ball Skills Gymnastics	Football Dance	Football Dance	Tennis Gymnastics	Athletics Team Games
2	Tennis Gymnastics	Hockey Gymnastics	Football Team Games	Football Team Games	Dance Athletics	Dance Cricket
3	Swimming Gymnastics	Swimming Dance	Swimming Tennis	Swimming Athletics	Swimming Football	Swimming Football Dance
4	Gymnastics Hockey	Tennis Hall Games/Circuit Training	Dance Basketball	Cricket Gymnastics	Football Dance	Football / Athletics Outdoor Adventure Activities
5	Football Dance	Football Gymnastics	Rugby Circuit Training	Tennis Dance	Cricket Gymnastics	Athletics Team Games Outdoor Adventure Activities
6	Football Outdoor Education Dance	Football Dance	Gymnastics Hockey	Hall Games Rugby	Cricket Athletics	Cricket Tennis